

# Reaching Greater Heights

## Achdus—Unity and Friendship

### Rabbi Davidovich's Message

All human beings build their lives on habit. This is not a bad thing. Without the force of habit, every day would be a confusing mystery. Our mental and spiritual states are built upon our expectations of ourselves and of the world around us. People would go insane if they had to decide anew every morning what they planned to do, with no path to guide them. The text of one of the morning Brochos reads "She-Targileinu B'Sorasecha", -*Accustom us to Your Torah...*

However, a life of habit alone has its dangers. A life of Mitzvos performed because of habit alone becomes tasteless, like dry toast. A life of habit allows the mistakes that creep into our lives to go on unexamined. Therefore the opportunity to reexamine our lives seriously, at least once a year, allows us to adjust our course without rejecting the benefits that consistency offers us year-round.

Our shul needs the same regular evaluation. What should our community stand for? How do we break out of the rut of the regular programming of davening and classes? On what *regel achas*, single great principle, does our shul stand?

Our answer might be found in an obscure line from Pirkei Avos, (2:11). Rabbi Yochanan Ben Zakkai is listing the best qualities of his leading disciples. Of his

student Rabbi Yehoshua he says, "Ashrei Yoladeto", *Praiseworthy is she who bore him*. What does that have to do with him?

The point is that Rabbi Yehoshua's whole life, including all the Torah he learned and all the leadership he provided to the Jewish nation, was one of constant *Kiddush Hashem*, Sanctification of G-d's Name. *Kiddush Hashem* is more than good PR. It is about living a life so sterling, so admirable, that everything that ever touched or saw you is enhanced and sanctified as a result.

...living a life so sterling, so admirable, that everything that ever touched or saw you is enhanced and sanctified as a result.

Our shul has so much to be proud of. We are a community full of *mentch'n*, scrupulous in our Mitzvos, devoted to our learning, open, kind and tolerant towards others, soft-spoken to all. All who choose to daven with us, learn with us and join us or contribute to our Kehilla demonstrate their distinction and

join the ranks of this city's group of individuals about whom it can be said "*Praiseworthy is she who bore him*" Now is the time to ensure that these traits are not taken for granted. Now is the time to share our wealth and distinction. And now is the time to ask "What's next for our great Kehilla?"

Deena and I wish you all a Kesiva V'Chasima Tovah.

Rabbi Raphael Davidovich

## SHANA TOVA—5769

May the Almighty grant our entire synagogue family and our holy land of Israel a year of peace, good health, joy and prosperity.

Rabbi/Reb. Raffy Davidovich	Walter & Beate Frank
Gershon & Mary Ireland	Bela Glaser, M. D.
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Happy New Year from the Goldstein - Ritzenberg family
Gladys and Aaron Ritzenberg
Jay and Marlene Goldstein
Marlene & Courtney Goldstein
Jeren, Carmy, Jonah, Jacob Goldstein
Sararose, Eliezer, Shalvah Tzion
Kerry and Danika Goldstein
Amy, Murphy, Moses Bug

Thank you so much to everyone who made donations in the last two months. We appreciate you.

Shavuot Yiskor	
Mr. Alex Adelman	Mr./Mrs. Art Lefkowitz
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Mr. Howard Amster	Mr./Mrs. U. Harold Males
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Mr. and Mrs. Stuart Mintz	
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Pesach Yiskor	
Mr./Mrs. Robert Altshuler	
Mr./Mrs. Alvin Cohen	
Mr./Mrs. Jeff Muller	
Mr./Mrs. Mike Swirski	

  

General Donations (Cont)	
Mr. Hy Sherman	
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Mr. William Shulman	
Mrs. Shirley Silver	
Mr./Mrs. Sheldon Steiger	
Mr. and Mrs Jacob Vogel	
Mr./Mrs. Charles Zeitler	



### Tips for High Holy Day Enjoyment

- ◆ Only talk to your Creator during services. If you want to visit, please do so where it will not disturb your fellow worshippers.
- ◆ Reserve your seats early. Call or stop by the Office.
- ◆ If you are too ill to come to Shul to hear the Shofar, please call the office to arrange for someone to blow the shofar at your home.
- ◆ Baby sitting will be by reservation only. Call the office.
- ◆ Only youngsters who sit quietly will be allowed in the sanctuary. Please cooperate and respect those who want to concentrate on the prayers. We thank you for your understanding.
- ◆ Candy or other food items must be checked by the Rabbi before bringing them into the Shul. Even products "made in Israel" must be checked.
- ◆ For security reasons, all items brought into the Shul will be checked.

### Our hearts go out to those of you who recently lost a loved one ...

Hy Sherman and family on the loss of his beloved wife Esther Sherman.

Mrs. Marsha Baumgarten and Mr. and Mrs. Ronald Zuckerman on the loss of Mrs. Madeline Sudman.

The family of Rachel Silberstein.

May you be comforted among the mourners of Zion and Jerusalem.

## Classes at Heights Jewish Center

### PREPARE for Rosh Hashana Classes Sept 17 & 24 at 8:00 p.m.

#### Shabbos:

Weekly Torah portion: 8:30 AM

*The pre-Shacharis parsha shiur attempts to discover what the Whole Parsha is about, using pesukim from all over as clues.*

Youth Program: 10:30 AM

*Led by master educator and StoryTeller Rabbi Yossi Kirsch.*

Nevi'im (The Prophets): 30 minutes before Mincha

*Concluding Sefer Shoftim and about to begin Sefer Shmuel, this shiur attempts to uncover the themes of the Nevi'im, and the expectations they had of the Jewish People, spiritually and politically.*

Pirkei Avos: Shalosh Seudos

*One perek a year. This cycle we are focusing on learning Chapter Two, with the approach that Pirkei Avos was originally meant as a guide for Community Leaders.*

#### Sunday:

Rambam: Follows Mincha/Maariv

*We cover the Section of the Rambam's Mishneh Torah that corresponds to the Masechta being learned by the Daf Yomi Cycle. For example, now that the Daf Yomi is learning Gittin, we are learning Rambam Hilchos Geirushin.*

*Women's class (Rebbitzen Schur): 7 PM at 2459 Bromley Road*

*Gemara (Rabbi Kirsch): 8:30 PM (time will vary in summer)*

**Monday:** Gemara: 6:15 AM (Resumes after the Yomim Tovim) Masechta Sanhedrin

Rambam: Follows Mincha/Maariv

**Tuesday:** Gemara: 6:15 AM most days  
*Eishes Chayil (Deena Davidovich): 12:30 PM at varying locations. Call the Rebetzen for location.*  
Rambam: Follows Mincha/Maariv

**Wednesday:** Gemara: 6:15 AM Rambam: Follows Mincha/Maariv

**Thursday:** Gemara: 6:15 AM Rambam: Follows Mincha/Maariv

**Friday:** Gemara: 6:15 AM

ELUL - A time to Reflect

Excerpt from www.ou.org

Go to their website for many more articles on Yomim Noraim

### Three Levels of Forgiveness

(based on a "[Tomer Devorah](#)" (1) class by Rabbi Yaacov Haber)

There are three Hebrew synonyms: "Selichah," "Mechilah," and "Kapparah," all related to the idea of "forgiveness." What does each mean?

"**Selichah**," usually translated as "forgiveness" is the first step which must be taken if someone has committed a sin, whether it be against G-d or against Man. To ask for forgiveness is to say to the "injured" party, "I am sorry for what I did; I sincerely regret having done it, and I will never do it again." The appropriate response to this request is to believe that the petitioner is sincere and "open the door" for him or her to "come in." A person who refuses to do this is considered a cruel person.

"**Mechilah**," usually translated as "wiping away" is the response to the request "Can we put our relationship back on the level which it was on before I sinned against you?" A positive response to this is difficult, but within the G-dly powers given the human being, and is required.

"**Kapparah**," is usually translated as "atonement," as in Yom Kippur, the Day of Atonement. This is the response to the person who says, "My conscience will not let me live with myself, because of what I did to you and to our relationship." To respond positively to this is beyond human capacity. It is only G-d Who can reach inside a person and say "Be comforted." "Kapparah" is the climax of this three-part process, and is accomplished on Yom Kippurim.

1. "Tomer Devorah" is a work by Rabbi Moshe Cordovero on the Attributes of G-d.





Sun	Mon	Tue	Wed	Thu	Fri	Sat
Weekday Mincha 7:40 p.m.	1	2	3	4	5 CLT 7:34 p.m.	6 Parsha Shoftim Shabbos ends 8:40
7 Weekday Mincha 7:30 p.m.	8	9	10	11	12 CLT 7:22 p.m.	13 Pasha Ki setze Shabbos ends 8:28
14 Weekday Mincha 7:15 p.m.	15	16	17	18	19 CLT 7:10 p.m.	20 Parsha Ki-Savo Shabbos ends 8:16
21 Weekday Mincha 7:00 p.m.	22	23	24	25	26 CLT 6:58 p.m.	27 Parsha Nitzavim Shabbos ends 8:04
28 Weekday Mincha 6:55 p.m.	29 Erev Rosh Hashanna CLT 6:53 p.m.	30 Rosh Hashanna CLT 7:59 p.m.				<b>September '08</b>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Rosh Hashanna 2nd Day Yom Tov ends 7:57	2 Fast of Gedalia Begins 6:12 a.m. Ends 7:50 p.m.	3 CLT 6:46 p.m.	4 Parsha Vayelech Shabbos Shuva Drasha 5:30 p.m. Shabbos ends 7:52
5 Weekday Mincha 6:45 p.m.	6	7	8 Erev Yom Kippur CLT 6:38 p.m. Fast Begins 6:56	9 Yom Kippur Shacharis 9:00 am Memorial Neilah 6:30 p.m. Fast ends 7:44	10 CLT 6:34 p.m.	11 Parsha Hazinu Shabbos ends 7:41
12 Weekday Mincha 6:30 p.m.	13 Erev Succos CLT 6:30 p.m.	14 Succos 1st Day CLT 7:36 p.m.	15 Succos 2nd Day Yom Tov ends 7:34	16 Chol HaMoed	17 Chol HaMoed CLT 6:23 p.m.	18 Chol HaMoed Shabbos ends 7:30
19 Weekday Mincha 6:20 p.m. Chol HaMoed	20 Hoshana Rabba CLT 6:19 p.m.	21 Shemini Atzeres CLT 7:25 p.m.	22 Simchas Torah Yom Tov ends 7:24	23	24 CLT 6:13 p.m.	25 Parsha Bereshis Shabbos ends 7:20 Birchat HaChodesh
26 Weekday Mincha 6:10 p.m.	27	28	29 1st Day Rosh Cho- desh Cheshvan	30 2nd Day Rosh Cho- desh Cheshvan	31 CLT 6:04 p.m.	<b>October '08</b>



**Happy anniversary**

We wish you many, many more happy, healthy years together.

<b>September</b>	Dr. & Mrs. Fred Bolotin
Mr. & Mrs. Harvey Goldstein	Mr. & Mrs. Tamas Muencz
Mr. & Mrs. Irwin Shulman	Mr. & Mrs. Charles Zeitler
Mr. & Mrs. Moshe Taub	
<b>October</b>	
Mr. & Mrs. Ron Fleeter	Mr. & Mrs. Albert Pollack

**Happy birthday — May your future be filled with long, healthy years with nachas from family.**

<b>September</b>	Fred Bolotin	Mollie Fein
Sherrie Fleeter	Gershon Ireland	Bea Goldstein
Barbara Gulko	Judy Joseph	Anna Lerer
Stuart Mintz	Isabel Parks	Bobbie Perkel
Barbara Schur	Moshe Taub	Rivka Taub
<b>October</b>	Katya Bolotin	Sandra Becker
Millie Chrabry	Meyer Hoffer	Channa Ireland
Charles A. Zeitler		

**Mazal Tov**

- Ireland and Mintz families on the birth of a granddaughter.
- Beer family on the birth of a daughter/granddaughter.
- The Greenberg, Bolotin and Mandel families on the birth of a boy to Mr. and Mrs. Ariel Galian.
- Walter and Beate Frank on the birth of a great grandson.
- Rob and Jan Altshuler and Holly on her engagement to Gedalia.
- Schlesinger and Jack Klein families on the birth of a grandson.
- The Mendelson and Lipman families on the birth of a daughter/granddaughter.

We thank our members and friends who have sponsored the lovely Kiddushim and Shelosh Seudos in the past months. We appreciate your chesed and generosity.

**Kiddush**

- Marc and Dana Bander in honor of Ariana's graduation and birthday.
- Co-sponsors Gershon/Mary Ireland, Stuart/Jeniffer Mintz, Fred/Katya Bolotin, Rob/Jan Altshuler and Jack/Sharon Klein in honor of Ireland/Mintz new granddaughter.
- Larry and Linda Crane in gratitude of his refuah from his surgery.
- Beer family in honor of the birth of a daughter to Charlie and Lisa and granddaughter to Lenny and Penny.
- Jeff and Melanie Muller in memory of her mother's yahrzeit.
- Irwin and Lorna Shulman in honor of happy occasions.
- Sherry and Izzy Mendenhall in memory of her father's yahrzeit.
- Martin and Marla Lipman and Mr./Mrs. Dennis Mendelson in honor of birth of a granddaughter.

**Shelosh Seuda**

- Harold and Faiga Males in memory of Harold's mother's Yahrzeit.
- Mrs. Rachel Faigenbam in memory of her husband's yahrzeit.
- Mrs. Dora Stankowicz in memory of her husband's yahrzeit.
- Mr. Alex Adelman in memory of his father's yahrzeit.
- Harry and Margaret Schuster in memory of his mishpocha.
- Dr. Bela Glaser in memory of his parents' yahrzeit.
- Lena Katz in memory of her husband Sheldon's Yahrzeit.
- Chanan and Bobbie Perkel in memory of his father's yahrzeit.

Thank you to the cholent and salad makers. Zahava Seltzer, Rivah Schlesinger and Avner Cohen. You are special.

**WELCOME TO OUR NEW MEMBERS:  
ADAM AND RACHEL COVITCH  
ARTHUR AND FAINA MALAHIMOV  
BARB ADLER AND FAMILY.**

**We are glad you are with us**

**Mushroom Barley Soup**

4 Tablespoons of Oil	8 cups of water
2 Carrots, grated	1 cup of barley
2 stalks celery, grated	1 pkg. Onion Soup Mix
1 large onion, grated	6-7 mushrooms
2 teaspoons of salt	

**PREPARATION:**

1. Sauté carrots, celery and onions 15 minutes. Add water.
2. Bring to a boil and stir in barley, onion soup mix, mushrooms and salt.
3. Cook over low heat for 1-3/4 hours.
4. Serves 6-8.

**Pineapple Soufflé**

- 1 stick margarine
- 3/4 cup sugar
- 8 eggs
- 20 oz. can drained crushed pineapple
- 10 Slices of white bread without crust

1. Place bread on soufflé dish.
2. Mix margarine, sugar, eggs and pineapple.
3. Pour over bread.
4. Bake at 350 degrees for 50 minutes.
5. Enjoy

I am grateful for every call, every smile, every card, every donation, every visit, every bouquet of flowers, and every prayer that was said on my behalf. I am also grateful for having my family and everyone of you in my life. It's much easier to fight to get well when you have people like you to come back to.

Thanks to all of you. Your caring means a lot to me.

Love,  
Lena

**Did you reserve your High Holy Day seats yet??**

If you did, thank you. If you didn't, please email ([office@hjcs.org](mailto:office@hjcs.org)) or call 216 382 1958 mornings Mon-Fri 8:30-12:30 p.m.

**Heights Jewish Center Synagogue**  
**Beth Hamidrosch Hagodol**  
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 University Heights, Ohio 44121  
[office@hjcs.org](mailto:office@hjcs.org) or [rabbi@hjcs.org](mailto:rabbi@hjcs.org)

**WE ARE ON THE WEB**

[www.hjcs.org](http://www.hjcs.org)

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  - Chanon Perkel, 2nd V. P.
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