

HEIGHTS BULLETIN

HEIGHTS JEWISH CENTER

Rabbi and Reb. Davidovich, Gershon and Mary, Officers and Board of Trustees, Office Staff and Volunteers extend heartfelt wishes to the entire synagogue family for a Happy and Kosher Pesach week.
See you in Shul Erev Pesach, April 19 / 14 Nisan.

Rabbi's Pesach Message

Pesach is around the corner, and with this time of year the most all-encompassing mandate of Yom Tov comes into focus. I do not mean the important mitzvah to rid one's house of bread and chometz. I speak of the mandate of Simcha, Joy. The traditional greeting of *Chag Kasher V'Sameyach*, includes a wish that is sometimes forgotten in the rush to clean one's home. The Torah tells us that our national sufferings are a consequence of not serving G-d with Simcha.

In traditional pre-Chassidic Judaism, the emphasis on Joy was put into a Mitzvah context. *Ivdu es Hashem B'Simcha*. Serve G-d with Joy. Was there a Mitzvah to be happy always? Not necessarily. However, rabbis pointed out that there are thought-related Mitzvos (Believing in G-d, that He is One etc.) that always apply, twenty-four hours a day, every day. It is in that light that the maxim of Reb Nachman of Breslov, (*Mitzvah Gedolah Lihyios B'Simcha Tamid*. "It is a great Mitzvah to always be happy.") resonates with me even halachically, not only as a Chassidish aphorism.

The Torah tells us that our national sufferings are a consequence of not serving G-d with Simcha.

A few colorful souls in the Holy Land implement this idea into their lives by dancing in the streets all day long. While the cardio-vascular advantages of such a program are self-evident, I don't think this is the kind of daily schedule our Creator intended us to have. Reb Nachman himself offers a more modest yet longer-lasting prescription for increased joy.

With happiness you can give another person life! There are people who suffer terrible pain but cannot express what is in their heart. They would like to speak about their suffering but they have nobody to whom they can explain what is really in their heart. This leaves them full of pain and anguish. When you come to such a person with a smiling face, you can literally give that person life. To give a person life is not an empty gesture. It is something very great.

I leave you with this thought, to implement all week long, and of course all the more so on Pesach.

Deena and I wish you all a Chag Kasher V'sameyach.
Rabbi Davidovich



Appreciation and Simchas Page

Thank you so much to all of you who support Heights Jewish Center by sponsoring events. We really appreciate you.

Kiddush:

Marla and Martin Lipman in memory of Marla's mother and father	Jeff and Tamar Albert in honor of Simcha & Miriam Chamberg's daughter's engagement
Mrs. Arlene Bennett in honor of Chaim's Aufruf.	Rob and Jan Altshuler - Seuda of Thanks
Rivah Schlessinger and Zahava Seltzer in honor of their new business venture.	

Shelosh Seuda

Herb and Toby Geduld in memory of Herb's sister and father's yahrzeit	Alex Adelman in memory of his mother and wife's yahrzeit, his sister Sheloshim and a Seuda of Thanks for his recovery.
Rob and Jan Altshuler in memory of Rob's father's yahrzeit.	Oren and Talia Gahanian just because.
Jeff and Melanie Muller in memory of Melanie's father's Yahrzeit	Barbara Kogan Jaffe in honor of her granddaughter's baby naming.
Mrs. Barbara Plnkis in memory of her husband's yahrzeit	Chuck and Sandy Zeitler in memory of Sandy's father's yahrzeit.

Thank YOU!!

Mazal Tov,

- ◆ Jeff and Linda Bookman on the engagement and upcoming marriage of Reva to Nati Wieder
- ◆ The Bennett and Feld Families on the marriage of their children Tehilla Feld to Chaim Dov Bennett
- ◆ Jeff and Linda Bookman on the engagement of their daughter Reva to Nati Wieder.
- ◆ Simcha and Miriam Chamberg on the marriage of their daughter Ella to Josh Bains.
- ◆ Gershon and Mary Ireland and family on the marriage of their daughter Sora to Akiva Cooperman and the engagement of their daughter Adena to Milach Muskal.

May we share in many more simchas.

Donations

Alex Adelman	Ruth Bregman
Lenny & Penny Beer	Eta and Moshe Boyce
Sean M. Clough	Gene Carlone
Adam & Rachel Covitch	Alvin & Sylvia Cohen
Linda and Larry Crane	Yosef Davidovich
Walter & Beate Frank	Michael/Susan Freund
Barbara Gulko	Rabbi Justin/Sofie Hoffmann
Gershon & Mary Ireland	Hillel & Judy Joseph
Isak and Marion Kampinski	Lena Katz
Shira Katz	Nathan Kurtz
Anne Leah Lerer	Evelyn Lichtenberg
Samuel and Rosa Lobe Fund	Barry & Audrie Lowe
Rabbi & Mrs. Akiva Males	Harold & Faiga Males
Yisroel & Sherry Mendenhall	Jeff & Melanie Muller
Maria Molnar	Neil & Isabel Parks
Chanan & Bobbie Perkel	Jack Pink
Albert & Madelyn Pollack	Alex/Betty Schnittlinger
Zaev & Yehudit Sharaby	Irwin & Lorna Shulman
Anita Singer	Stanley Smith
Tzipora Sonnenschein	Sheldon & Sally Steiger
Jacob & Rachel Vogel	Dan & Randi Waxman
Stuart Lauren Wieder	Bernard Yudovitch

Simchas are what we hope for, but sometimes we must cope with losing loved ones. Our deepest condolences to the families of the loved ones who passed away in the last few months. May you be comforted among the mourners of Zion and Yerushalayim.

Isabel Parks on the passing of her mother

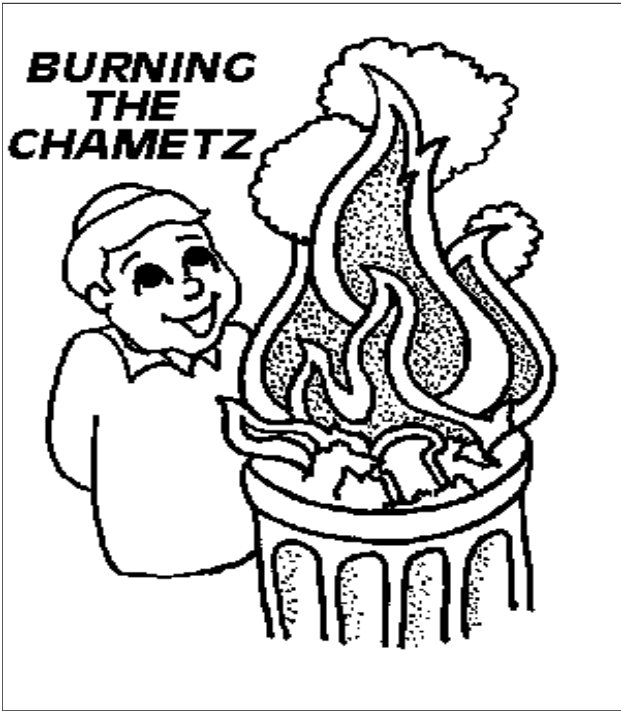
Alex Adelman on the passing of his sister Faye Smuelson

Klara Heizler on the passing of her beloved husband Max

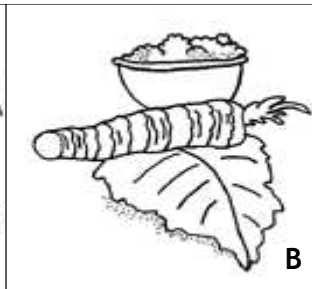
Herman Pinkasovich - Father of Juliana Reisman and Jack Pink

Michelle Mandelbaum family on the passing of Mrs. Lola Mandelbaum

Kids Pesach Coloring Page



Pesach Seder Jumble - Unscramble the pictures using the letters to put the Seder in the correct order. Correct an-

 A	 B	 C	 D
 E	 F	 G	 H
 I	 J	 K	 L
 M	 N	 O	 P
 Q	 R	<p>Have a meaningful, Kosher and joyous Pesach.</p> <p>I-O-A-I-L-M-Q-J-N-D-R-B-F-E-C-G-P-K Answers according to the website, www.torahot.com</p>	

May your future be filled with long, healthy years to 120 and may you receive nachos from your family.



Many, many more happy, healthy years together.

Happy anniversary

April Harry & Margaret Schuster

May Lenny & Penny Beer

Isak and Marion Kampinski

Alvin & Sylvia Cohen

Moshe & Eta Boyce

Happy birthday		April
Moshe Boyce	Ronald Fleeter	Sylvia Cohen
Dale Hartman	Abraham Metz	David Geduld
Yisroel Mendenhall	Claire Lefkowitz	Albert Pollack
Helen Rothman	Michael Swirski	
Happy Birthday		May
Herbert Geduld	Joseph Ireland	U. Harold Males
Alyza Shapiro	Gerda Metz	

Chometz after Pesach

Chometz she'ovr olov ha Pesach is any Chometz held over Passover under Jewish ownership. This Chometz may **not be used or sold after Pesach begins**, as a penalty for failure to properly rid the Chometz from Jewish ownership either by destruction or by selling to a non-Jew before Pesach care should be taken **not** to benefit after Pesach from chometz or leaven belonging to a Jew who did not, or **who is suspected of not having sold** the chometz before Pesach.

What's Cooking?

Recipes courtesy of <http://www.kashrut.com/>

Quinoa Tabouli

- 2 cups cooked quinoa
- 1-2 tbsp freshly squeezed lemon juice (to taste)
- 1 tbsp extra virgin olive oil
- 1 tsp kosher salt (or to taste)
- 1 cup fresh chopped parsley and/or mint leaves (more of less to taste)
- 1 cucumber (chopped) (optional)
- 1 tomato (chopped) (optional)
- freshly ground pepper (to taste)

Mix quinoa and parsley/mint together
 Add rest of vegetables
 Add lemon juice and olive oil, stir adjust to taste
 Season with salt and pepper, to taste

Gefilte Fish Variations

Sweet Gefilte Fish

Place frozen Gefilte fish roll (wrapped) in about 4 inches of boiling water
 Add 2 tbs. sugar and salt and pepper to taste
 Add small onion, sliced
 One cut carrot
 Simmer covered for 1-1/2 hours

Cocktail Gefilte Fish

Slather Gefilte fish roll with Cocktail Sauce. Bake at 350°F for a minimum of 1-1/2 hours.

Fish Balls

Defrost the Gefilte fish roll and shape your own fish balls then follow above cooking directions

Tomato Gefilte Fish

Sauté onions, place over Gefilte fish roll, add 2 tbsp. ketchup, 1 can tomato sauce, cook or bake at 350°F for a minimum of 1-1/2 hours.

Fried Gefilte Fish

Partially defrost Gefilte fish roll, slice roll into matzo meal and fry until golden brown.

APRIL 2008

Gemara and Parsha classes cancelled during Yom Tov and Chol HaMoed

Sun	Mon	Tue	Wed	Thu	Fri	Shabbos
		1	2	3	4	5
6 Rosh Chodesh Nisan Weekday Mincha 7:45	7	8	9	10	11 Mincha 7:30 pm CLT 7:45	12 Parsha Metzora Shabbos Hagadol Drasha 6:15 pm Shabbos ends 8:54 pm
13 Weekday Mincha 7:50	14	15	16	17 See Separate Calendar	18 See Separate Calendar	19 See Separate Calendar
20 See Separate Calendar	21 See Separate Calendar	22 See Separate Calendar	23 See Separate Calendar	24 See Separate Calendar	25 See Separate Calendar	26 See Separate Calendar
27 See Separate Calendar	28 Weekday Mincha 8:05	29	30			

MAY 2008

Sun	Mon	Tue	Wed	Thu	Fri	Shabbos
				1	2 Mincha 6:45 CLT 6:58 / 8:08 pm	3 Birchat HaChodesh Parsha Kedoshim Shabbos ends 9:17 pm
4 Weekday Rambam 7:30 pm Weekday Mincha 8:15 pm	5 1st Day Rosh Chodesh Iyar 30 Nisan	6 2nd Day Rosh Chodesh Iyar 1 Iyar	7	8	9 Mincha 6:50 pm CLT 7:03 / 8:15 pm	10 Parsha Emor Shabbos ends 9:24 pm
11 Weekday Rambam 7:35 pm Weekday Mincha 8:20 pm	12	13	14	15	16 Mincha 6:55 CLT 7:09 / 8:22 pm	17 Parsha Behar Shabbos ends 9:31 pm
18 Weekday Rambam 7:45 pm Weekday Mincha 8:30 pm	19	20	21	22	23 Mincha 7:00 CLT 7:14 / 8:29 pm Lag B'Omer	24 Parsha Bechukotai Shabbos ends 9:38 pm
25 Weekday Rambam 7:50 pm Weekday Mincha 8:35 pm	26	27	28	29	30 Mincha 7:05 CLT 7:19 / 8:35 pm	31 Birchat HaChodesh Parsha Bamidbar Shabbos ends 9:43 pm

Heights Jewish Center - Pesach 5768 - 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbos
				17-Apr	18-Apr	19-Apr
				Shacharis 6:30 am Followed by Siyum fof first born Bedikas Chometz after 8:59 pm	Burn Chometz before Mogen Avraham 12:05 pm GR"O 12:17 pm CLT 6:46 / 7:52 pm	Erev Pesach Shacharis 7 am Last time to eat Chometz Mogen Avraham 10:46 am GR"O 11:10 am Last time to annul Mogen Avraham 12:05 pm GR"O 12:17 pm Pre-Pesach Shiur 7:15 pm Mincha 7:45 pm CLT 9:01 pm
20-Apr	21-Apr	22-Apr	23-Apr	24-Apr	25-Apr	26-Apr
1st Day Pesach Shacharis 9:20 am Mincha 8 pm CLT 9:03 pm	2nd Day Pesach Mincha 8 pm Yom Tov ends 9:04 pm	Chol HaMoed Gemara - Cancelled Shacharis 6:30 am Mincha 8 pm	Chol HaMoed Gemara - Cancelled Shacharis 6:30 am Mincha 8 pm	Chol HaMoed Gemara - Cancelled Shacharis 6:30 am Mincha 8 pm	Gemara - Cancelled Shacharis 6:30 am Mincha 6:40 pm 7th Day Pesach begins CLT 6:52 / 8 pm	7th Day Pesach Parsha Class Cancelled Shacharis 9 am Navi 7:25 pm Mincha 7:55 pm CLT 9:09 pm
27-Apr						
Last Day Pesach Shacharis 9 am Yizkor 10:30 am Mincha - Neilas HaChag Seuda 7:55 pm Yom Tov ends 9:10 pm Sold Chometz may be used af- ter 10:15 pm						

An Open Letter to my Heights Jewish Center Family

This Purim overwhelmed me with the outpouring of HJC members and the community's expression of caring and fondness.

The week of Purim is very emotional as the 21st of Adar was the second Yahrzeit of my special partner in life since I was 16 years old.

Although physically, I don't see Rav Schur z"l -- he is with me every second of my existence.

To this day, I constantly discover the unknown wonderful deeds that the Rav did for this one -- and that one --

So many people young or older from our shul and the community share with me that they also feel the vacuum.

I must thank so many of our shul family for your support in so many ways. You know who you are -- please know I couldn't make it without your kindness and goodness -- My heartfelt Gratitude! I know that Rav Schur z"l is just as grateful!

I know that Rav Schur z"l would love our Rabbi Rafi Davidovich and his beautiful, sensitive Rebbetzin Deena Rochaleh.

I too am very fond of this Zeesah couple and thank Hashem Yisborach for their kindness and sensitivity. May הקב"ה bless them with good mazal, hatzlacha and naches in good health!

I also thank my "like" a brother Alex and the office Zeesies Lena and Miriam. You help ease my vacuum.

I'm afraid to mention many other names for fear of an omission. You know who your are -- please accept my heartfelt gratitude! I know Rav Schur z"l joins me in davening that the Creator bless each of you along with your families with His rewards.

Again, thank you from the depth of my heart. A wonderful Kosher Pesach filled with joy for you and Klal Yisroel.

From your Senior Rebbetzin Shoshana

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Beth Hamidrosh Hagodol
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WE ARE ON THE WEB

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 Rabbi Raphael Davidovich
 Gershon Ireland, President
 Martin Lipman, 1st V. P.
 Rob Altshuler, 2nd V. P.
 Shaya Shtern, Treas./Fin. Sec.
 Rivah Schlessinger, Record. Sec.
 Lena Katz, Miriam Chamberg,
 Office Staff

